



Parent Session Notes

03/22/2014

CCFH STUDENT MINISTRY

MAKE SURE TO ALSO CHECK OUT:

SUMMER CAMPS



Middle School Camp
June 17-21
Prescott, AZ



High School Camp
June 28-July 4
La Mirada, CA

download forms at www.ccfhyouth.com/events

CONNECT WITH US

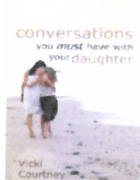
Online: ccfhyouth.com
Facebook.com/[ccfhyouthministry](https://www.facebook.com/ccfhyouthministry)
Instagram @ccfhyouth

WE NEED ADULT YOUTH COACHES!!

If you are interested in checking out volunteering as a youth coach, please email a youth staff from

SUGGESTED RESOURCES

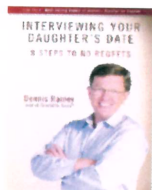
5 Conversations You Must Have With Your Daughter – Vicki Courtney



Who should read: Moms

What it's about: This book pinpoints and prepares you for five ongoing discussions you should have with your daughter in her formative years. The back cover has the five discussions.

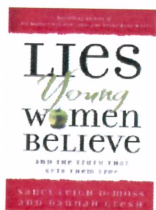
Interviewing Your Daughters Date – Dennis Rainey



Who should read: Dads

What it's about: This book discusses the principles that will help navigate your daughters in her dating years while keeping her emotions, heart, and character intact. You'll learn how to protect her, set boundaries in her relationships, and give her guidance as she grows up.

Lies Young Women Believe – Nancy Leigh DeMoss and Dannah Gresh

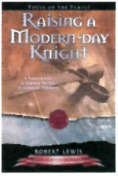


Who should read: Moms, Dads, and Daughters

What it's about: This book exposes 25 of the most commonly believed lies of the youth generation and how to be set free by the Truth. Lies are listed in the Table of Contents.

SUGGESTED RESOURCES FOR THE GUYS

Raising A Modern Day Knight – Robert Lewis



Who should read: Dads

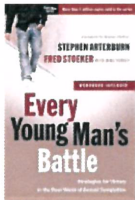
What it's about: This book lays out a different approach to raising a Godly man. It includes rites of passage, mile-markers, and challenges for dads and mentors to challenge young men.



Sex is not the problem...Lust is – Joshua Harris

Who should read: Moms, Dads, and Sons

What it's about: This book teaches about God's plan for sexuality and how lust is pitted against it. This book will give you clear insight to what your son is facing. This book answers tough questions and helps all ages understand that this is a spiritual battle.



Every Young Man's Battle – Stephen Arterburn, Fred Stoeker and Mike Yorkey

Who should read: Dads and Sons

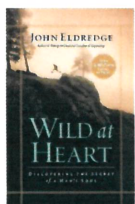
What it's about: This book speaks clearly to lust, pornography, and masturbation. It is a phenomenal book with lots of practical wisdom.



Preparing for Adolescence – James Dobson

Who should read: Parents

What it's about: This book is a classic for parents who want a "leg-up" on understanding their teens through adolescence.



Wild at Heart – John Eldredge

Who should read: Dads and Sons

RESOURCES FOR ONLINE PROTECTION

PhoneSheriff \$49.97

<http://www.phonesheriff.com>

Works on Android, Apple, Blackberry, Windows, and Symbian OS phones. It's been rated as one of the best monitoring and filtering apps for Smart Phones.

Features: <http://www.phonesheriff.com/features.html>

My Mobile Watchdog \$4.95 a month

<https://www.mymobilewatchdog.com/default.shtml>

Android and BlackBerry Support

According to their website it is used by the F.B.I., Homeland Security and Endorsed by Law Enforcement.

A good basic set of features <https://www.mymobilewatchdog.com/productinfo.shtml>

X3 watch \$2.99 a month for Phones.

<http://www.x3watch.com/>

Works on MAC, PC and IOS and Android Phones.

Kytephone: Parental Control FREE!!

<https://www.kytephone.com/>

Android Only

Accountable2You Free for the first 10 days and then \$4.99 a month

<http://www.accountable2you.com/default.aspx>

Works on MAC, PC, IOS and Android Phones and Kindle Fire
Logs all computer and Internet activity and displays the reports for your accountability partners

Mobiflock My Child Free trial for 7 days \$3.95 a month or \$24.95 a year

<https://www.mobiflock.com/features/mobiflock-mychild-2>

Not all features mentioned below are available for all platforms see <https://www.mobiflock.com/features/compare-platforms>

Safe Eyes \$14.99

<http://www.internetsafety.com/safe-eyes-mobile-iphone.php>

Made for MAC, PC and IOS devices

Reccomended by Dave Ramsey

K9 Web Protection Browser Free!!

<https://itunes.apple.com/us/app/k9-web-protection-browser/>



DIAMONDS CONTENT FOR PARENTS

Overview

- Jr High ladies struggle with who they are and who they want to be. In this struggle, they often forget that they were made to shine brilliantly, that they are priceless, and they are to reflect the image of God.
- The purpose of “Diamonds” is to bring attention to the ways their shine is being diminished (influences of the world/sin/etc).
- They each will receive a diamond representing their worth. During each session they will paint over their diamond, revealing how their diamond’s shine has diminished. They will conclude the evening by washing their diamonds, affirming God’s intention for their life ... they are to shine bright and reflecting Him. **Matt 5:16** *Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.*

Session 1 - Worth

- **Our struggle of worth is based on:**
 - Other’s opinions
 - The world’s standard
 - Our own expectations
 - The comparison game
- **The truth:**
 - Our worth is based on the truth that we are children of God, intentionally created by Him. (Ps 139: 13-16)
- **Ways to remember your worth:**
 - Read your Bible
 - Pray
 - Know you are good enough



DIAMONDS CONTENT FOR PARENTS

Session 2 - Guys & Dating

- **How you decide and who you decide to date is critical.**
 - We tend to make decisions on *how* we date based on qualities that don't matter much (physical attributes). We tend to make our decisions about *who* we date emotionally.
- **Who to date: Establish qualities that will really matter in a guy**
 - 1 Tim 4:12 Guy
- **What you should do:**
 - Write down a list of qualities and keep it
 - Never settle, never compromise, and always keep to the standards God has laid on your heart.
 - You are too valuable to settle. You are too precious to compromise, and you are too loved to not have a guy that loves and follows God.
- **How to date: Establish Boundaries**
 - Verbally: What are you allowed to talk about? Don't talk about love or marriage until you have a diamond (LMD). Doing so unites you emotionally before he time is right. Wait until it counts.
 - Geographically: Where are you allowed to be with him?
 - Physically: What are your physical standards for purity?

Session 3 - Sexual Purity

- **What the Bible says about sex:**
 - God created it (Gen 2:24) therefore it is good
 - God warns us about sex outside of His plan (Eph 5:3-4, 1 Cor 6:18-19)
- **Sex outside of His plan:**
 - Has physical consequences (STD, pregnancy)
 - Has emotional consequences (hurt, rejection, gossip, reputation)
- **Sex inside of His plan:**
 - Gives you freedom from pain and guilt
 - Honors God
- **Everything costs something.** If you CHOOSE to have sex, you will have to pay the consequences. If you choose to wait until marriage, you too will have to pay-consequences of being different, possibly ridiculed, rejected. It will NOT be easy! Know the cost, weigh the cost, and decide if the future